



PURI SPA

WELLNESS



NAYARA

ALTO ATACAMA

Chile

Welcome!

A sanctuary of well-being in the heart of the desert.
Connect with silence and awaken your senses.
The perfect atmosphere to relax.

Live the present moment in an oasis of calm
and disconnection.

Along the banks of the mythical San Pedro River,
Nayara Alto Atacama invites guests to experience
Puri Spa.

Puri means water in Kunza, the native language of
the inhabitants of the Atacama Desert.

Flow like water, breathe like the wind.



Exclusive Experiences

Nayara Alto Atacama

Detox Experience

90 min. | \$195.000

We begin with the water circuit; steam sauna to open the pores and respiratory pathways. You'll then move to the dry sauna, where the heat enhances toxin elimination. This is followed by a thermal contrast under warm Scottish showers. We continue with coffee exfoliation — a revitalizing treatment with detoxifying properties that aids with fluid retention and helps eliminate toxins. The experience ends with full-body hydration.

Peace Escape

120 min. | \$225.000

Your journey begins with sound therapy and an aromatic touch. We then proceed with a pindas massage, where herbal compresses release their relaxing properties through gentle steam. Different pressures create a mild exfoliating effect while massaging. Finally, we invite you to enjoy an outdoor mineral bath, located a short 5-minute walk away, where a flavored water station awaits.

Unforgettable Ritual

90 min. | \$195.000

We start in the steam sauna to prepare the skin for optimal results. We continue with a mini facial using rica rica products, followed by a hands-and-feet massage using digitopressure. The treatment concludes with a combination of hot stones applied to hands and feet.

Trilogy

80 min. | \$165.000

A sensory experience that blends sound therapy, aromatherapy, and water immersion. The ritual unfolds in three phases: back and neck; legs and feet; and finally, a cranial and facial massage inside the jacuzzi. You may continue relaxing in the space afterwards.

Mineral Bath

60 min. | \$150.000

Immerse yourself in heated mineral waters (37–38°C), extracted directly from underground aquifers; rich in minerals, these waters promote deep relaxation. The pools are located outdoors in an intimate setting with spectacular views of the Catarpe Valley. Hot water has sedative properties, relieves joint tension, and improves blood circulation.

Includes:

- Mineral Bath
- 15-Minute Cranial Massage Per Person
- Sound Therapy
- Flavored Water
- Seasonal Fruit Platter
- Romantic or Traditional Setup.

We recommend taking short breaks and hydrating every 20 minutes.

Fire Treatments



Sabay | Kautcha



A massage performed with warm herbal compresses filled with aromatic and medicinal plants. The heat enhances the transfer of therapeutic properties as pressure and gliding movements are applied.

This treatment requires 2 hours of preparation in advance.

60 min. | \$125.000

80 min. | \$155.000



Hot Stones | Kaichi

A massage using heated volcanic stones combined with relaxation or deep-tissue techniques. The heat helps release muscular tension and revitalizes the tissues.

60 min. | \$125.000

80 min. | \$155.000



Deep Tissue | Suyi

A manual therapy using deep, intense maneuvers and stretching; aimed at relieving pain and dissolving muscle knots caused by stress, poor posture, lack of rest or active lifestyles. Although some pressure may feel intense, it triggers the body's natural healing response, releasing endorphins and reducing inflammation, resulting in overall well-being.

60 min. | \$110.000

80 min. | \$145.000

Air Treatments



Anti-Stress Cranial Massage | Seri

A deep massage targeting the scapulae, neck, head, and face. It combines traction, stretching, mobilization, and a continuous flow of warm oil on the forehead, inducing profound relaxation. Helps reduce migraines, tension headaches, anxiety, and insomnia.

60 min. | \$125.000

80 min. | \$155.000



Integral Aromatherapy Massage | Quntu

A therapy designed to restore emotional harmony and improve mood. It uses a blend of five essential oils applied topically and through inhalation to ease muscular tension, reduce stress, and promote the healing of the body, mind, and spirit. Combines relaxation and deep-tissue techniques.

60 min. | \$110.000

80 min. | \$145.000



Reflexology | Sui

A therapy rooted in traditional Chinese medicine, applying pressure to specific points on the feet to stimulate the body's natural balance, relieve tension, and support nervous system function. Concludes with a foot exfoliation.

50 min. | \$95.000



Relajación | Hulti

A therapeutic technique using soft, gentle movements that promote overall well-being, improve circulation, and relax both body and mind.

60 min. | \$125.000

80 min. | \$155.000

Water Treatments



Lomi Lomi | Palatur

A Hawaiian technique using long, flowing, rhythmic movements that mimic the motion of ocean waves. Performed with the forearms, hands, and elbows, it promotes emotional and physical relaxation.

60 min. | \$95.000

80 min. | \$120.000



Puri Relax | Puri Agua

A tailored combination of three techniques: deep tissue, lomi lomi, and relaxation massage, adapted to the guest's needs and preferences.

60 min. | \$110.000

80 min. | \$140.000



Lymphatic Drainage | Luckamatur

A gentle and rhythmic technique following the natural flow of the lymphatic system. Ideal for reducing inflammation, promoting detoxification, and strengthening the immune system.

60 min. | \$95.000

80 min. | \$105.000

Earth Treatments



Altiplano Renewal | Yotti

A full-body treatment using mineral-rich Altiplano clay combined with honey, known for its antioxidant, antiseptic, hydrating, and soothing properties. Perfect for dry or sensitive skin. Concludes with body hydration.

80 min. | \$120.000



Coca Exfoliation | Paluntur

A body scrub using coca leaves, raw sugar, and almond oil for deep cleansing and hydration. Includes shower and hydrating cream application.

80 min. | \$120.000



Coffee Exfoliation

A revitalizing treatment using ground coffee with detoxifying properties that help reduce fluid retention and eliminate toxins. Includes shower, coffee-infused oil hydration, and a relaxing massage.

80 min. | \$145.000



Chocolate Wrap

This treatment helps remove dead skin cells and toxins, unclog pores, and leave the skin feeling soft and smooth. A gentle circular application of chocolate body scrub is performed over the entire body. Includes shower, chocolate oil hydration, and a relaxing massage.

80 min. | \$145.000

Facial Treatments

Hydrating, Balancing & Rejuvenating Facial 60 min. | \$100.000

Formulated with the innovative “HYDRA-SYSTEM”, designed to instantly hydrate, improve moisture retention inside the cells, reinforce the skin, and increase resistance to UV radiation and climate changes. Includes cleansing, toner, serum, cream, mask, collagen veil, sealing cream, and sunscreen.

Oily-Mixed Skin Facial 60 min. | \$100.000

A deep cleansing designed according to each guest’s skin type. Includes professional grade cleansing milk, gels, exfoliants, and lotions for a customized treatment.

For Men 60 min. | \$100.000

Hydrating, energizing, and revitalizing treatments that restore vitality to men’s skin.

Quinoa Facial | Ckatir 50 min. | \$80.000

A natural treatment using quinoa extracts that have antioxidant and hydration properties; ideal for dehydrated skin affected by desert climate and sun exposure.

Rica-Rica Facial | Kore 50 min. | \$80.000

A natural treatment using rica-rica, that provides regenerative and anti-inflammatory properties; revitalizing skin exposed to harsh desert conditions.

Well-Being & Connection

Yoga is an ancient practice that connects the body, breath, and mind. It uses physical postures, breathing exercises, and meditation to improve overall health.

Sonotherapy is an alternative therapy that uses vibrations to treat the mind and body. It incorporates musical and vibrational instruments or chants that, when applied to the body's energetic fields, help unblock stagnant energy.

Meditation can give you a sense of calm, peace, and balance that enhances emotional well-being and overall health. It also helps you relax and cope with stress by allowing you to focus on something that brings serenity.

Yoga, Sonoterapia y Meditación

75 min. | \$95.000

Begin with a yoga class followed by sound therapy and a guided meditation session.

Pilates Matwork

60 min. | \$85.000

1 person

A variation of the Pilates method performed on a mat focusing on strength and elongation through controlled muscle engagement. The body becomes the main tool for the practice.

We recommend booking in advance.

Morning sessions are ideal for starting the day with harmony; afternoon sessions help close the day with serenity.

Policies & Conditions

Reservations

Reserve your treatment at least 2 hours ahead, calling #965 (appointments subject to availability).

We suggest you arrive 15 minutes before your appointment.

Before Massage

Use of the wet and/or dry saunas is recommended to optimize effects of the treatment.

Restrictions

- No consumption of alcohol in the Spa.
 - People who are inebriated will not be treated.
 - Spa is only for guests over 16 years of age.
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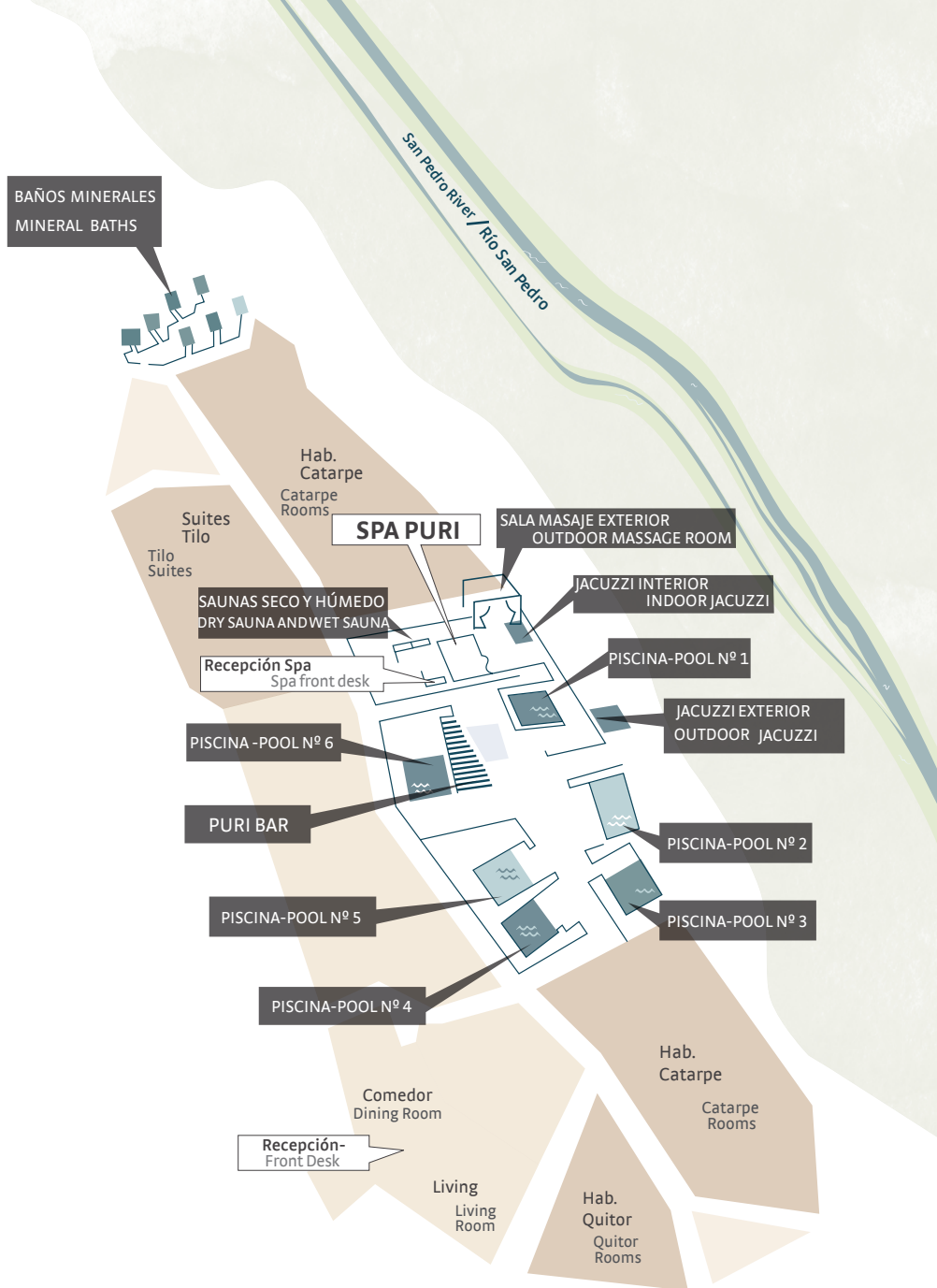
Cancellations

Any treatment should be cancelled or postponed 2 hours ahead of the appointment. Otherwise, guests will be charged 50% of the cost of the reserved massage.

Prices include VAT.

Hours of Reservation and Treatments

9:30 am to 21:00



Spa Finder Awards

Named one of the ten best Spas in Latin America.

Named Best Spa in Chile.



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